

STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Zinc

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BY: Luke R. Bucci, PhD

PRODUCT: Fred Meyer Zinc (100t, 250t)

NUTRIENT AMOUNT: 50 mg per serving (one tablet)

STRUCTURE/FUNCTION CLAIM:

none supplied.

Zinc is required for activity of many enzymes involved in synthesis of protein, DNA, RNA, hormones, membranes and cell growth.

REFERENCES:

1. King, J.C. and C.L. Keen, Zinc, in *Modern Nutrition in Health and Disease*, 8th ed., Shils, M.E., J.A. Olson, M. Shike, Eds., Lea & Febiger, Philadelphia, 1994, 214-230.
2. Cousins, R.J. and J.M. Hempe, Zinc, in *Present Knowledge in Nutrition*, 6th ed., Brown, M.L., Ed., International Life Sciences Foundation, Washington, D.C., 1990, 251-267.

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